



CONSEJERÍA DE EDUCACIÓN,
JUVENTUD Y DEPORTE

Comunidad de Madrid



BILINGUALISM IN PHYSICAL EDUCATION 2015

Teacher Development Course

PROGRAMME OF STUDY

Saturday 27 June

- 09:05

Arrival at Norwich Airport. Led by Raul Alvarez-Conte. and Marc Thompson.

- 10:00

Meet at the PDC (Professional Development Centre Norwich). Host families meet and greet delegates. Welcome instructions (welcome pack with help and information). Led by Joanne Martin and Agnieszka Ciepiela.

Sunday 28 June

- 10.00 am

Location Theatre Street, Norwich, Norfolk NR2 1QY (opposite Theatre Royal). City Sightseeing Norwich. Bus Tour.

Norwich in brief: In Medieval times Norwich was one of the greatest cities in England. The city is dominated by its 12th century Cathedral and Castle, built by the Normans with stone imported from France. The Castle is the County's principle museum and is home to some of the most outstanding collections of fine art, archaeology and natural history. In the magnificent Norman keep, models, sound and video bring history to life. The historic Norwich Anglican Cathedral is well worth a visit. The church, which stands proudly on the city's skyline, has always been greatly loved by the people of Norfolk and was recently voted Norfolk's favourite building. Visit the shop, library, catch an organ recital or attend one of the church's regular events. You will be enchanted by Elm Hill's famous, cobbled medieval street which is home to a number of speciality shops and cafes.

WEEK 1

Monday 29 June

Location PDC (The Oak Conference Hall).

- 9.30-12.30 (each morning there will be a 15-20 minutes coffee break).

Welcome and introductions. Learning Journal section 2. Led by Marc Thompson.

Ice-breaker and Initial Assessments. Led by Agnieszka Ciepiela.

- 12.30-13.30

Lunch break.



- 13.30-16.30
Movement skills and movement concepts. Led by Anna Hogg.

Tuesday 30 June

Location PDC (Willow Room).

- 9.00-12.00
Pedagogy in CLIL Programmes. Planning for language in CLIL Programmes; practical use of planning tool. Led by Agnieszka Ciepiela.
- 12.00-13.00
Lunch break.
- 13.00-15.00
Bilingualism and its benefits. What is CLIL? Why CLIL? Delegates' teaching project brief and English Club. Bloom's revised taxonomy and Inquiry in Education. Led Raul Alvarez-Conte.

Wednesday 1 July

Location Sprowston High School.

- 9.15-12.30
Verbal guidance to initiate movement and specific games competences. Basic motor skills and CLIL/EAL strategies. Led by Raul Alvarez-Conte.
- 12.30-13.30
Lunch break.
- 13.30-15.30
Academic literacy across the curriculum I. Led by Marc Thompson.
- 15.45-17.45
Bones and joints. Led by Kevin Holland.

Thursday 2 July

Location Sprowston High School.

- 10.15-12.30
Aerobic and anaerobic stamina. Led by Kevin Holland.
- 12.30-13.30
Lunch break.



- 13.30-15.30
The English conditionals. Led by Agnieszka Ciepiela.

Friday 3 July

Location PDC (The Oak Conference Hall).

- 9.30-12.30
Laterality/Body Awareness/Balance. Spatial Awareness/Coordination.
Strength/Speed/Power. Led by Raul Alvarez-Conte.
- 12.30-13.30
Lunch break.
- 13.30-15.30
Pronunciation course. Led by Marc Thompson.

Saturday 4 July

Times and activities to be confirmed

- Whitlingham outdoors centre. Led by Whitlingham instructors.

Whitlingham in brief: The picturesque Whitlingham Outdoor Education Centre boasts over a mile of placid open water, set within 280 acres of water, woodland and meadow on the Broads.

Sunday 5 July

Free Day.

WEEK 2

Monday 6 July

School placement. Norfolk School.

Tuesday 7 July

School placement. Norfolk School.



Wednesday 8 July

School placement. Norfolk School.

Thursday 9 July

School placement. Norfolk School.

Friday 10 July

School placement. Norfolk School.

Saturday 11 July

- Trip to Holkham State and beach (North Norfolk) . Led by Agnieszka Ciepiela.

“The area (of the coast) around Blakeney and Holkham is one of the most beautiful parts of the world.”

Sir Andrew Motion, FRSL – President, Campaign to Protect Rural England & Poet Laureate 1999-2009

Sunday 12 July

Free Day.



WEEK 3

Monday 13 July

Location PDC (The Oak Conference Hall).

- 9.30-12.30
Phonological awareness. Physical Phonics (phases 2, 3 and 5 of the six phase teaching programme – Letters and Sounds). Led by Raul Alvarez-Conte.
- 12.30-13.30
Lunch break.
- 13.30-15.30
Physical Phonics. Planning and preparation time.

Tuesday 14 July

Location Norfolk Infant School.

- 9.00-12.30
Teaching practice- Physical Phonics. Norfolk Infant Schools.
- 12.30-14.00
Lunch break.

Location PDC (Chestnut Room).

- 14.00-16.00
Academic literacy across the curriculum II. Led by Marc Thompson.

Wednesday 15 July

Location PDC (Sycamore Room).

- 9.30-12.30
Classroom Management in CLIL programmes. Phrases used by teachers and words of praise/encouragement. Behaviour management. Led by Marc Thompson.
- 12.30-13.30
Lunch break.

Location PDC (The Oak Conference Hall).

- 13.30-15.30
Academic literacy across the curriculum III. Led by Marc Thompson.



Thursday 16 July

Location PDC (Willow Room).

- 10.30-12.30

Fitness and health. Led by Kevin Holland.

- 12.30-13.30

Lunch break.

Location PDC (The Oak Conference Hall).

- 13.30-16.30

Football and Basketball. Muscles/Flexibility/Stretches. Led by Raul Alvarez-Conte.

Friday 17 July

Location PDC (The Oak Conference Hall).

- 09.30-12.30

Locomotor and non-locomotor skills (movements, turns, jumps). Gymnastics and CLIL/EAL strategies. Led by Raul Alvarez-Conte.

- 12.30-13.30

Lunch break.

- 13.30-15.30

The passive voice. Teaching beginners P.E. Led by Agnieszka Ciepiela.

- 15.30 - 16.30

I:I Learning journal review.

Saturday 18 July

Free day.

Sunday 19 July

Free day.



WEEK 4

Monday 20 July

Location PDC (The Oak Conference Hall).

- 09.30-12.30
Rugby and cricket. ICT in P.E. (Ipads). Led by Kevin Holland.
- 12.30-13.30
Lunch break.
- 13.30-15.30
OAA (Outdoor and adventurous activities). Led by Kevin Holland.
- 16:00- 18:00
Athletics. Led by Kevin Holland.

Tuesday 21 July

Location PDC (The Oak Conference Hall).

- 09.30-12.30
How to teach Dance.. Led by Kevin Holland. and Anna Hogg.
- 12.30-13.30
Lunch break.
- 13.30-15.30
Assessment for learning in P.E. Led by Kevin Holland.

Wednesday 22 July

Location PDC (The Oak Conference Hall).

- 09.30-12.30
P.E. related idioms, phrasal verbs and collocations. Led by Victoria Groom.
- 12.30-13.30
Lunch break.
- 13.30-15.30
Academic literacy across the curriculum IV. Led by Marc Thompson.



Thursday 23 July

Location PDC (The Oak Conference Hall).

- 09.30-12.30
Project presentations. Led by delegates.
- 12.30-13.30
Lunch break.
- 13.30-15.30
Project presentations. Led by delegates.

Friday 24 July

Location PDC (The Oak Conference Hall).

- 09.30-12.30
1:1 Learning journal review. Presentations feedback. Course evaluation.
- 12.30-13.30
Lunch/farewell.

Saturday 25 July

Return to Madrid.

- 5:30
Meet at Norwich Airport.
- 06:15 - 08:10 (Amsterdam) • 9.30 - 12:05 (Madrid)



TRAINERS

Raul Alvarez Conte (Course Director, CLIL Co-ordinator)

Raul is an English as Additional Language (EAL) specialist adviser for the Minorities Attainment and Achievement Service (MAAS) and has worked in Education in England for the last 11 years. He is a P.E. specialist and has a Master's Degree in Bilingualism in Education.

Marc Thompson (Literacy Across the Curriculum Co-ordinator)

Marc is an EAL specialist adviser for MAAS. He has worked as a senior educational adviser, EAL lead and Head of Literacy. He was trained as Geography and English as a Second Language (ESL) teacher and has a Master's Degree in E-learning.

Kevin Holland (Physical Education Co-ordinator)

Kevin is the P.E. county adviser. He has taught and managed Physical Education for 15 years, passionately making it inclusive, progressive and enjoyable. Designing and developing not only PE curriculums but whole school learning environments has given him a wide range of teaching and learning opportunities.

Agnieszka Ciepela (Language Development Co-ordinator)

Agnieszka is the head of MAAS, has worked in education for the last 16 years. She holds an MA degree with Honours in English Language Didactics and a BA degree in English Philology.



Anna Hogg (Education Adviser specialising in Mathematics and PE)

Anna has been a teacher for the last 16 years in Norfolk schools. She has recently become an adviser and now she shares her subject expertise with adults in how to raise attainment through high quality teaching and learning.

Victoria Groom (English Adviser)

Victoria is a primary English specialist with 14 years experience in schools. She has taught across the primary age ranges as well as being an English subject leader.

BUSINESS SUPPORT OFFICER

Joanne Martin (Business Support Team Leader)

Joanne Martin is our business support officer in charge of the course logistics. She seeks and selects friendly and reliable host families to offer a warm welcome to our P.E. teachers.

Please note modules may be delivered in different order depending on trainers' availability at the time.

