

Lesson plan for lesson two of Eating and Drinking Around the World

class – year 4, OU Antim I, Sofia

40 minute lesson

Step 1 How to send material about food

Draw ideas on the board, or handout sheet. Go over the ideas and tell class to copy them in their books. Ask what they think would be good ideas? This was also their homework and they should be ready. Add to the web as appropriate.

Step 2 Survey

Introduce the idea of a survey of the class about eating habits in one typical day. Ask the class what questions would they ask, feedback and write on the board.

When do you have breakfast/lunch/dinner?
Do you eat any snacks during the day?
What do you eat for breakfast/lunch/dinner?
What do you eat in the breaks at school?
Who do you eat breakfast/snacks/lunch/dinner with?
Who makes your meals?
Where do you eat your meals?

hand out the questionnaire and instruct class to fill it in in pairs, each taking a turn to ask questions and then answer

tell the class they will need to collect all of the information on one sheet to send to classes in another country

for this the teacher could prepare a large sheet of paper with certain information sections on it:

Main meal/snack times: breakfast/lunch/dinner/snacks
Type of food: hot/cold/snack/how many
Who with: friends/family/alone
Who makes it: shop bought/mum/dad/me
Where: main places for breakfast/lunch/dinner/snacks
Main snacks and drinks: names

These can be presented as columns and stuck on the wall. The teacher also sticks all of the questionnaires on the wall and divides the class into 6 groups, one for each of the sections. Each group is then given the job of collecting the information for each of the sections and placing the information in the column, circle, section shown on the sheet of paper. They have one week to collect all of the information. The information need not simply be numbers, it could be pictures which represent the information. For example, if most of the class eat a hot dinner, this may be a picture of a hot dinner with a sentence in the column 'type of meal', 'most of our class eat a hot dinner' + the picture. And so on.